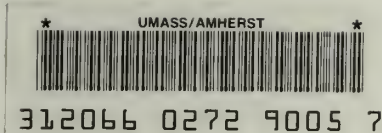


MASS. HS50.102: D62/2/993v



GOVERNMENT DOCUMENTS
COLLECTION

AUG 02 1994

University of Massachusetts
Depository Copy

Directory of Parenting Education Curricula 1993

Children's Trust Fund



Preventing Child Abuse In Massachusetts

942/K86

The Massachusetts Children's Trust Fund (CTF)
is a public-private partnership
whose sole purpose
is to mobilize all segments of the community
to prevent child abuse
by strengthening and supporting families.

Created by state law in 1988,
CTF is charged with implementing Massachusetts'
child abuse prevention plan.

This publication was compiled by Children's Trust Fund, 1993. For
more information about child abuse prevention, contact:

Children's Trust Fund
10 West Street, 3rd Floor
Boston, MA 02111
(617) 727-8957

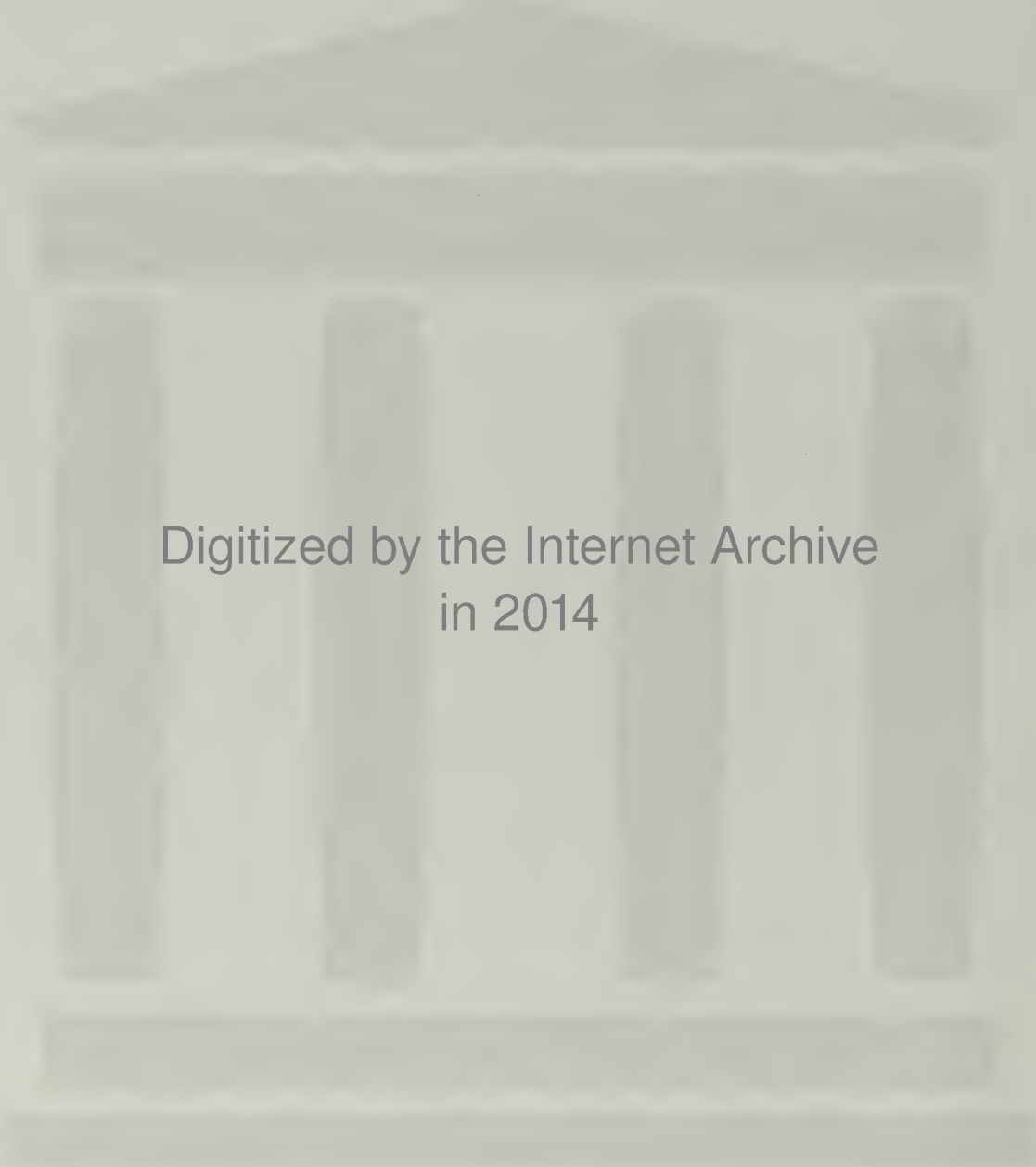
Introduction

The Massachusetts Children's Trust Fund believes that all parents should be supported in their caretaking role. It is in the home, in the context of family life, that children develop lifetime perceptions of the world and of themselves. The job of parenting, including teaching, protecting and nurturing children, is one of the most important responsibilities adults can assume.

Parenting is also a difficult and demanding job. Parents turn to many resources to help them prepare for and cope with the demands and challenges of family life. Professionals agree that parenting education can increase parenting skills and reduce child abuse. Whether parents are experiencing the excitement and stress of a newborn, struggling with the "terrible twos", or living with a teen, they can benefit from opportunities to learn new ways to nurture their children and gain support for themselves.

This resource was prepared in response to the many requests the Children's Trust Fund has received in the past two years for information on parenting education curricula. The Trust Fund's intention was to provide accurate information about existing resources. Listing of curriculum does not signify an endorsement by the Massachusetts Children's Trust Fund.

We would like to acknowledge the superb work that Ruth Goldberg did during the summer of 1993 to assemble this directory. Her tenacity and determination is reflected by the thoroughness of this resource.



Digitized by the Internet Archive
in 2014

<https://archive.org/details/directoryofparen993mass>

TABLE OF CONTENTS AND QUICK REFERENCE GUIDE

Page	Curriculum Name:	Children's Ages:	Target parents:
1	ABC's for Parents: Assuring Better Children	4-5	at-risk for abuse and neglect
2	Active Parenting of Teens	10 and up	all
3	Active Parenting Today	2-12	all
4	Anger Management for Parents: The RETHINK Method	teens	all
5	Building Strong Families: Parenting Young Children	0-3	parents with limited resources and literacy skills
6	Cherish the Children	all	American Indians
7	Confident Parenting	2-12	all
8	Cooperative Communication Between Home and School	5-12	all
9	DARE to be You	2-5	low income, urban, Ute Mountain Ute Indian, Hispanic
10	Developing Capable People	all	all
11	Discipline is Not a Dirty Word	5-12	all
12	Discovering Normal	all	adult children of alcoholics
13	Early Childhood STEP	0-5	all

Page	Curriculum Name:	Children's Ages:	Target parents:
14	Eating Right is Basic (EFNEP)	all	low-income families
15	Effective Black Parenting	all	Black parents
16	Effective Parenting Information For Children (EPIC)	0-3; 6-12; teen	all
17	Empowering Parents of Teens	teens	all
18	Families First	all	all
19	Families Together	all	abuse and neglect suspected or substantiated
20	Family Dynamics	0-5	high-risk, low-income parents
21	Family Talk	all	all
22	Fathering	young children	fathers
23	Growing Together	infant	all
24	Handling Anger Within the Family	all	all
25	How to Talk so Kids Will Listen and Listen so Kids Will Talk	all	all
26	Hugs 'n' Kids	preschool age	high risk

Page	Curriculum Name:	Children's Ages:	Target parents:
27	It Takes a Village to Raise a Child	9-12	all
28	Let's Work It Out	all	parents with few literacy skills
29	Los Ninos Bien Educados	18 mos.-12 yrs.	Spanish-speaking and Hispanic origin
30	MegaSkills Workshops	school age	at-risk, Chapter I parents
31	Nurturing Program for Foster and Adoptive Families	all	foster and adoptive parents
32	Nurturing Program for Parents and Adolescents	12-19 years	at-risk or substantiated abuse and neglect
33	Nurturing Program for Parents and Children 4-12 Years	4-12	at-risk or substantiated abuse and neglect
34	Nurturing Program for Parents and Children Birth to Five Years	0-5	at-risk or substantiated abuse and neglect
35	Nurturing Program for Parents with Special Learning Needs & Their Children	all	mild-moderate learning disabilities, emotional problems, ESL or non-reading
36	Nurturing Program for Prenatal Families	before birth	pregnant and at-risk for child abuse and neglect
37	Nurturing Program for Teenage Parents and Their Families	0-5	teen parents and their parents (child's grandparents)

Page	Curriculum Name:	Children's Ages:	Target parents:
38	Parent Effectiveness Training (PET)	all	all
39	Parent Making: A Practical Handbook for Teaching Parent Classes	0-3	all
40	Parent to Parent	all	comes in three versions:Anglo-Amer ican, African-American, Hispanic-American
41	Parent-Caregiver Partnerships	preschool	all
42	Parenting Curriculum for Language Minority Parents	all	parents with limited English
43	Parenting Skills	all	all
44	Parenting Under Stress	all	parents experiencing life stresses such as divorce or chemical dependency
45	Parents with Careers	young children	parents with careers
46	Positive Discipline	all	all
47	Practical Parent Education	0-18	all
48	Reaching All Parents (RAP III)	6-11	adaptable, parents choose topics

Page	Curriculum Name:	Children's Ages:	Target parents:
49	Recovering Parents	0-10	chemically dependent parents, their spouses, adult children of alcoholics
50	Reducing Stress in Mothers of Children with Special Needs	all	mothers with special needs children
51	Responsive Discipline: Effective Tools for Parents	all	all
52	Responsive Parenting	1-10	all
53	Shaking, Hitting, Spanking: What to do Instead	all	all
54	Siblings Without Rivalry	all	all
55	Strengthening Stepfamilies	all	steparents and their spouses
56	Systematic Training for Effective Parenting (STEP)	all	all
57	Systematic Training for Effective Parenting of Teens (STEP/teen)	teens	all
58	The Employed Parent	all	working parents, teens, and single parents
59	Working With Single Parent Families	all	single parents

Page	Curriculum Name:	Children's Ages:	Target parents:
60	Workwise: A Life Skills/Career Awareness Course for Teen Mothers & Others	all	teen mothers
61	Young Family	0-2	all parents, but especially designed for low literacy, at-risk parents

ABC's for Parents: Assuring Better Children

Author/creator: Stephen J. Bavolek, PhD and Gloria Cheek

Producing organization: Family Development Resources, Inc.

Children's ages targeted: 4-5

Target parent group: at-risk for abuse and neglect

Number of sessions: 6

Languages available, other than English: Spanish

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents prepare themselves and their children to enter kindergarden.

Examples of topics covered: healthy ways to express anger, promoting school success, problem solving, negotiating, recognizing warning signs for drug use

Cost: \$52 plus \$10 per parent; \$391.40 for entire package

Materials included: leader's guide, parent handbook, activity manual for parents, activity manual for children, evaluation forms, games, certificates, video

Ordering Address: Family Development Resources, Inc.
3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Active Parenting of Teens

Author/creator: Dr. Michael Popkin

Producing organization: Active Parenting Publishers

Children's ages targeted: 10 and up

Target parent group: all

Number of sessions: 6

Languages available, other than English: none

What background does the facilitator need? none, but training available

Does it include a program for children? no

Stated objectives: To help parents instill in children a lifetime of positive qualities, communication skills, discipline, and a healthy self-image

Examples of topics covered: parenting skills, instilling self-esteem and responsibility in teens, dealing with drug and alcohol use, talking about sexuality

Cost: \$25.95 plus \$12.95 per parent; \$295 for whole kit

Materials included: video, leader's guide, parent guide, promotion materials, illustrated poem, drug prevention booklet

Ordering Address: Active Parenting Publishers
810 Franklin Court, Suite B
Marietta, GA 30067-9085

Phone number: 800-825-0060

FAX number: 404-429-0334

Any other comments:

Active Parenting Today

Author/creator: Dr. Michael Popkin

Producing organization: Active Parenting Publishers

Children's ages targeted: 2-12

Target parent group: all

Number of sessions: 6

Languages available, other than English: Spanish, Japanese

What background does the facilitator need? none, but training available

Does it include a program for children? no

Stated objectives: To provide parents with information and skills to foster in their children the qualities necessary for thriving in a democratic society.

Examples of topics covered: helping children boost self-esteem, developing child's independence and responsibility, communication, parenting skills

Cost: \$24.95 plus \$12.95 per parent; \$345 for whole kit

Materials included: video, leader's guide, parent handbook, activities, promotion materials, drug prevention booklet

Ordering Active Parenting Publishers
Address: 810 Franklin Court, Suite B
Marietta, GA 30067-9085

Phone number: 800-825-0060

FAX number: 404-429-0334

Any other comments:

Anger Management for Parents: The RETHINK Method

Author/creator: Institute for Mental Health Initiatives

Producing organization: Institute for Mental Health Initiatives

Children's ages targeted: teens

Target parent group: all

Number of sessions: varies

Languages available, other than English: none

What background does the facilitator need? training required through
Inst. for Mental Health

Does it include a program for children? no

Stated objectives: To prevent child abuse by teaching parents skills
for constructive anger management.

Examples of topics covered: child development, parenting skills,
dealing with anger

Cost: \$1000, includes one-day training

Materials included: video, discussion leader's guide, pamphlets

Ordering Research Press
Address: Dept. 142, P.O. Box 9177
Champaign, IL 61826

Phone number: 217-352-3273

FAX number: 217-352-1221

Any other comments:

Building Strong Families: Parenting Young Children

Author/creator: Michigan State University Extension

Producing organization: Michigan State University Extension

Children's ages targeted: 0-3

Target parent group: parents with limited resources and literacy skills

Number of sessions: 10-12

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To provide parents and caregivers with the knowledge and skills necessary to help children reach their potential.

Examples of topics covered: child development, positive discipline, positive parent-child interactions

Cost: \$275

Materials included: cartoon-style flip charts, leader's guide, video, handouts, slides

Ordering Address: Extension Home Economics
103 Human Ecology Building
East Lansing, MI 48824-1030

Phone number: 517-355-6586

FAX number: 517-353-6343

Any other comments:

Cherish the Children

Author/creator: Priscilla Buffalohead

Producing organization: Minnesota Indian Women's Resource Center

Children's ages targeted: all

Target parent group: American Indians

Number of sessions: 11-14

Languages available, other than English

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help Indian parents understand the beliefs, values, and methods of parenting in traditional ways.

Examples of topics covered: child development, nutrition, communication, health, safety, traditional Indian foods, Indian life long ago and today

Cost: \$95

Materials included: leader's guide, worksheets, parent-child activities, evaluation suggestions, parent's manual, illustrations

Ordering Address: Minnesota Indian Women's Resource Center
2300 15th Avenue South
Minneapolis, MN 55404

Phone number: 612-728-2000

FAX number

Any other comments:

Confident Parenting

Author/creator: Robert Eimers and Robert Aitchison, PhD

Producing organization: Center for the Improvement of Child Caring (CICC)

Children's ages targeted: 2-12

Target parent group: all

Number of sessions: 10

Languages available, other than English: none

What background does the facilitator need? special training required through CICC

Does it include a program for children? no

Stated objectives: To teach effective limit-setting procedures so that parents will not feel victimized by their child's misbehavior, and to teach how to reinforce and increase good behavior in children.

Examples of topics covered: parenting skills, "time out" procedures for misbehavior, managing child behaviors such as fears, tantrums, disobedience, and others

Cost: \$450, includes training

Materials included: leader's guide, parent guide, transparencies, video, audiocassettes, promotional materials, books, rule cards

Ordering Address: Center for the Improvement of Child Caring
11331 Ventura Blvd., Suite 103
Studio City, CA 91604

Phone number: 818-980-0903

FAX number: 818-753-1054

Any other comments:

Cooperative Communication Between Home and School

Author/creator: Christiann Dean

Producing organization: Cornell Family Matters Project

Children's ages targeted: 5-12

Target parent group: all

Number of sessions: 6

Languages available, other than English: Spanish

What background does the facilitator need? none, but assumed knowledge in group facilitating

Does it include a program for children? no

Stated objectives: To strengthen children's school experience by building bridges between families and teachers.

Examples of topics covered: communication skills, techniques for effective parent-teacher conferences, conflict resolution

Cost: \$30

Materials included: leader's guide, teacher-inservice session guide, video, fact sheets, poster, handbook, activity cards

Ordering Address: Resource Center-FM
7 Business and Technology Park
Ithaca, NY 14850-1247

Phone number: 607-255-2080

FAX number: 607-255-9946

Any other comments: Part of this curriculum is for parents in groups and part is for elementary school teachers which can be used as inservice training.

DARE to be You

Author/creator: Jan Miller-Heyl

Producing organization: Colorado State University, Cooperative Extension

Children's ages targeted: 2-5

Target parent group: low income, urban, Ute Mountain Ute Indian, Hispanic

Number of sessions: 14-20

Languages available, other than English: none

What background does the facilitator need? none required, but training available through CSU

Does it include a program for children? yes, see note below

Stated objectives: To prevent children from harmful behaviors such as drug, alcohol, and tobacco use, school dropout, depression, and teenage pregnancy.

Examples of topics covered: communication, decision-making, responsibility, self-esteem

Cost: \$60

Materials included: leader's guide, game

Ordering Address: Colorado State University, Cooperative Extension
136 Aylesworth Hall NW
Fort Collins, CO 80523

Phone number: 303-491-6421

FAX number

Any other comments: Forms of this curriculum are available for use with students of all ages in a classroom setting.

Developing Capable People

Author/creator: Stephen Glenn

Producing organization: Capable People Associates

Children's ages targeted: all

Target parent group: all

Number of sessions: 9

Languages available, other than English: Spanish

What background does the facilitator need? none, but training
available, call
800-879-0812

Does it include a program for children? no

Stated objectives: To help adults to empower young people.

Examples of topics covered: self-reliance, conflict management,
self-esteem, responsibility, motivation

Cost: audio--\$95; video--\$165; plus \$6.95 per participant

Materials included: leader's guide, video or audio tapes,
participant workbook, books

Ordering Sunrise Books, Tapes, & Videos, Inc.
Address: P.O. Box B
Provo, UT 84603

Phone number: 800-456-7770

FAX number: 801-377-2811

Any other comments: For use with any adult working with children.

Discipline is Not a Dirty Word

Author/creator:

Producing organization:

Children's ages targeted: 5-12

Target parent group: all

Number of sessions: 4-8

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objective

Examples of topics covered: principles of discipline, positive
guidance techniques

Cost: \$6.95

Materials included: handouts, homework

Ordering KIDSRIGHTS

Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments: For use with parents, teachers, and other
child caregivers.

Discovering Normal

Author/creator: Irene R. Bush and Mary E. Lang

Producing organization: Family Service America, Inc.

Children's ages targeted: all

Target parent group: adult children of alcoholics

Number of sessions: 6

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To strengthen families and help break the chain
of intergenerational alcoholism.

Examples of topics covered: parenting skills

Cost: \$50

Materials included: leader's guide, handouts

Ordering Order Department, Family Service America, Inc.

Address: 11700 West Lake Park Drive
Milwaukee, WI 53224

Phone number: 800-852-1944

FAX number

Any other comments:

Early Childhood STEP

Author/creator: Don Dinkmeyer, Sr., et.al

Producing organization: American Guidance Service, Inc.

Children's ages targeted: 0-5

Target parent group: all

Number of sessions: 7

Languages available, other than English: Spanish

What background does the facilitator need? none, but training
available through AGS

Does it include a program for children? no

Stated objectives: To help parents raise cooperative, responsible,
and confident children.

Examples of topics covered: building child's self-esteem, developing
child's positive social skills,
fostering cooperation, child development

Cost: \$175 plus \$12.50 per parent

Materials included: leader's guide, parent handbook, video, poster,
publicity packet, discussion questions

Ordering Address: American Guidance Service, Inc.
4201 Woodland Road, P.O. Box 99
Circle Pines, MN 55014-1796

Phone number: 800-328-2560

FAX number: 612-786-9077

Any other comments:

Eating Right is Basic (EFNEP)

Author/creator: Michigan State Cooperative Extension

Producing organization: Michigan State Cooperative Extension

Children's ages targeted: all

Target parent group: low-income families

Number of sessions: 12-15

Languages available, other than English

What background does the facilitator need? extensive special training required

Does it include a program for children? yes, separate from parents

Stated objectives: To teach planning for daily food needs, to select and buy food economically.

Examples of topics covered: nutrition information, planning for daily food needs, preparing recipes, preventing foodborne illness, using supplemental food programs

Cost: no set cost

Materials included: flip chart, handouts, activities

Ordering Cooperative Extension/EFNEP, University of Mass.
Address: 201 Stockbridge Hall
Amherst, MA 01003

Phone number: 413-545-2195

FAX number

Any other comments:

Effective Black Parenting

Author/creator: Kerby T. Alvy, PhD and Marilyn Marigna MSW

Producing organization: Center for the Improvement of Child Caring
(CICC)

Children's ages targeted: all

Target parent group: Black parents

Number of sessions: 15

Languages available, other than English: none

What background does the facilitator need? special training required
through CICC

Does it include a program for children? no

Stated objectives: To help Black parents learn child management
skills from within a Black frame of reference

Examples of topics covered: child management skills, preventing
childhood drug use, child development,
exploring ethnic issues regarding child
abuse, African heritage, coping with
racism

Cost: \$795 includes training

Materials included: leader's guide, parent guide, promotional
materials, transparencies, certificates; also
available: books, videos, audiocassettes

Ordering Address: Center for the Improvement of Child Caring
11331 Ventura Blvd., Suite 103
Studio City, CA 91604

Phone number: 818-980-0903

FAX number: 818-753-1054

Any other comments:

Effective Parenting Information For Children (EPIC)
--

Author/creator: Virginia Whyley and Thelma Hayes

Producing organization: Effective Parenting Information For Children

Children's ages targeted: 0-3; 6-12; teen

Target parent group: all

Number of sessions: 6

Languages available, other than English: Spanish

What background does the facilitator need? special training required through EPIC

Does it include a program for children? yes, see note below

Stated objectives: To help adults help children to develop a strong sense of self-esteem, problem solving skills, and respect for rules, rights, and responsibilities.

Examples of topics covered: communication skills, fostering self-esteem, talking about sex, helping children succeed in school

Cost: \$32 plus \$12 per parent; \$150 for training

Materials included: leader's guide, parent guide, activities

Ordering Address: State University College at Buffalo
1300 Elmwood Avenue, Cassety Hall, Room 340
Buffalo, NY 14222

Phone number: 716-886-6396

FAX number: 716-886-0221

Any other comments: EPIC can provide technical assistance in both grant writing and grant sources for the use of this program. A school component is also available for use with students.

Empowering Parents of Teens

Author/creator: Jane Nelsen, Lynn Lott, et. al.

Producing organization: Iowa State University Extension

Children's ages targeted: teens

Target parent group: all

Number of sessions: 6

Languages available, other than English:

What background does the facilitator need? none, but training available

Does it include a program for children? no

Stated objectives: To help parents improve their relationships with their teenagers.

Examples of topics covered: dignity and mutual respect, "letting go", long-range versus short-range parenting, Helping Family Problem-Solving Process, addressing chores and responsibilities

Cost: \$30

Materials included: leader's guide, parent handbook, evaluation forms, certificates, information on using Helping Family Problem-Solving Process, book "I'm On Your Side: Resolving Conflict With Your Teenage Son or Daughter"

Ordering Address: Sunrise Books, Tapes, and Videos, Inc.
P.O. Box B
Provo, UT 84603

Phone number: 800-456-7770

FAX number: 801-377-2811

Any other comments:

Families First

Author/creator:

Producing organization: Families First

Children's ages targeted: all

Target parent group: all

Number of sessions: varies

Languages available, other than English: none

What background does the facilitator need? special training required
through Families First

Does it include a program for children? no

Stated objectives: To promote healthy and satisfying parent-child
relationships.

Examples of topics covered: parenting, child development,
school-related issues; topics vary
according to particular group

Cost: varies

Materials included: worksheets, handouts, charts

Ordering Families First

Address: 99 Bishop Allen Drive
Cambridge, MA 02139

Phone number: 617-868-7687

FAX number

Any other comments:

Families Together

Author/creator: Susan Janko and Casandra Firman

Producing organization: The Relief Nursery

Children's ages targeted: all

Target parent group: abuse and neglect suspected or substantiated

Number of sessions: varies

Languages available, other than English: Spanish

What background does the facilitator need? none; to replicate program training is recommended

Does it include a program for children? yes, joint LAB with parents (see note below)

Stated objectives: To prevent child abuse and neglect and to increase healthy family functioning to make reunification possible if children have been removed from the home.

Examples of topics covered: behavior management, child development, health, safety, nutrition, problem-solving

Cost: Each agency can receive one set of materials free; training is additional

Materials included: leader's guide, parent handbook

Ordering Oregon Department of Human Resources

Address: Children's Services Division, 500 Summer Street NE
Salem, OR 97310-1017

Phone number: 503-378-4121

FAX number: 503-581-6198

Any other comments: A unique aspect is the LABS, where families meet for 2-3 hours, once or twice weekly, during which activities and a full meal are offered. A home visiting component is also part of this curriculum, in addition to a classroom setting environment. Call Casandra Firman to discuss training possibility.

Family Dynamics

Author/creator: James Satterwhite, et. al.

Producing organization: Family Dynamics

Children's ages targeted: 0-5

Target parent group: high-risk, low-income parents

Number of sessions: 10

Languages available, other than English: Spanish

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To prevent child abuse and neglect by educating parents about ways to nurture their children, develop effective communication, use appropriate discipline, and strengthen the family unit.

Examples of topics covered: child development, effective listening, positive reinforcement, problem-solving, discipline, limit-setting, dealing with anger

Cost: \$125

Materials included: leader's guide, handouts, homework

Ordering Family Dynamics

Address: 154 Christopher Street, Suite 2A
New York City, NY 10014

Phone number: 212-255-8484

FAX number

Any other comments:

Family Talk

Author/creator: Dr. Michael Popkin

Producing organization: Active Parenting Publishers

Children's ages targeted: all

Target parent group: all

Number of sessions: one

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To teach parents "to build effective 'family talks'".

Examples of topics covered: communication skills

Cost: \$24.95 plus \$11.95 per parent; \$129.95 for whole kit

Materials included: leader's guide, parent guide, video, promotion kit, poster

Ordering Active Parenting Publishers
Address: 810 Franklin Court, Suite B
Marietta, GA 30067

Phone number: 800-825-0060

FAX number: 404-429-0334

Any other comments:

Fathering

Author/creator:

Producing organization:

Children's ages targeted: young children

Target parent group: fathers

Number of sessions: 6

Languages available, other than English: none

What background does the facilitator need? none required; suggested counseling background

Does it include a program for children? no

Stated objectives: To help fathers learn nurturing and other skills needed to raise young children.

Examples of topics covered: relationship building, playing with your child, communication, discipline, punishment

Cost: \$29.95

Materials included: leader's guide, handouts

Ordering KIDSRIGHTS

Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments: Can be used in individual or group counseling.

Growing Together

Author/creator:

Producing organization: American Guidance Service, Inc.

Children's ages targeted: infant

Target parent group: all

Number of sessions: 6

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To promote social and emotional well-being through play activities and positive relationships with family and friends.

Examples of topics covered: parents' and babies' self-esteem, infant safety, nutrition and health, infant developmental stages

Cost: \$249.95

Materials included: video series, leader's manual

Ordering American Guidance Service, Inc.

Address: 4201 Woodland Road, P.O. Box 99
Circle Pines, MN 55014-1796

Phone number: 800-328-2560

FAX number: 612-786-9077

Any other comments:

Handling Anger Within the Family

Author/creator:

Producing organization: Minnesota State Department of Education

Children's ages targeted: all

Target parent group: all

Number of sessions: 8

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents accept and manage their anger more effectively.

Examples of topics covered: positive anger management skills,
preventing negative ways of coping with
anger

Cost: \$14.95

Materials included: facilitator binder, activities, handouts

Ordering KIDSRIGHTS
Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments:

How to Talk so Kids Will Listen and Listen so Kids Will Talk

Author/creator: Adele Faber and Elaine Mazlish

Producing organization: Negotiation Institute, Inc. and Kentucky Educational Television

Children's ages targeted: all

Target parent group: all

Number of sessions: 7

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents communicate more effectively with children.

Examples of topics covered: helping children deal with their feelings, discipline, praise, engaging cooperation

Cost: audio-\$99 or video-\$190, plus \$24-33 per parent

Materials included: video or audiocassettes, leader's guide, parent workbook, books, exercises, puzzle, pocket cards

Ordering Address: Negotiation Institute, Inc.
341 Madison Avenue, 20th Floor
New York City, NY 10017-3705

Phone number: 800-747-8802

FAX number

Any other comments:

Hugs 'n' Kids

Author/creator: San Fernando Valley Child Guidance Clinic

Producing organization: San Fernando Valley Child Guidance Clinic

Children's ages targeted: preschool age

Target parent group: high risk

Number of sessions: flexible

Languages available, other than English: Spanish

What background does the facilitator need? none

Does it include a program for children? no

Stated objective

Examples of topics covered: parenting skills, sibling rivalry

Cost: \$195

Materials included: video, leader's discussion guide

Ordering Gilford Publishing

Address: 72 Spring Street
New York, NY 10012

Phone number: 212-431-9800

FAX number

Any other comments:

It Takes a Village to Raise a Child

Author/creator: Margie Henderson and Jeanne Martin

Producing organization: Medical Foundation Prevention Center and
Mass. Dept. of Public Health

Children's ages targeted: 9-12

Target parent group: all

Number of sessions: 11

Languages available, other than English: Spanish

What background does the facilitator need? special training required
through MDPH

Does it include a program for children? no

Stated objectives: To help parents help their children stay free of
alcohol and other drugs, prevent HIV/AIDS, and
unwanted pregnancy.

Examples of topics covered: communication skills, self-esteem,
stress management, how to identify a
drug problem, information about drugs,
sex, and HIV, talking to kids about
drugs, alcohol, HIV/AIDS, and sexuality

Cost:

Materials included: leader's manual

Ordering Address: Medical Foundation Prevention and Training Center
95 Berkeley Street
Boston, MA 02116

Phone number: 617-451-0049

FAX number: 617-451-0062

Any other comments:

Let's Work It Out

Author/creator:

Producing organization: Project BEST-PAL at Brevard Community College
in Florida

Children's ages targeted: all

Target parent group: parents with few literacy skills

Number of sessions: 8

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To teach parenting skills while teaching adult
literacy.

Examples of topics covered: reading skills, communication skills,
discipline techniques, problem solving,
coping with school and teachers, talking
about sex, nurturing

Cost: \$6.50 plus \$14.25 per parent

Materials included: leader's guide, parent workbooks

Ordering New Readers Press
Address: 1320 Jamesville Avenue, Box 880
Syracuse, NY 13210

Phone number: 800-448-8878

FAX number: 315-422-5561

Any other comments:

Los Ninos Bien Educados

Author/creator: Dr. Lupita Montoya Tannatt and Dr. Kerby T. Alvy

Producing organization: Center for the Improvement of Child Caring (CICC)

Children's ages targeted: 18 mos.-12 yrs.

Target parent group: Spanish-speaking and Hispanic origin

Number of sessions: 12

Languages available, other than English: Spanish

What background does the facilitator need? special training required through CICC

Does it include a program for children? no

Stated objectives: To help parents understand child development and proper parental behavior to guide their children to be "bien educados" i.e. "well-behaved in a social and personal sense as well as educated in an academic sense."

Examples of topics covered: promoting and maintaining good child behaviors, child development, information about child abuse and child abuse laws

Cost: \$795, includes training

Materials included: leader's guide, transparencies, flyers, parent handbook, certificates; also available: pamphlets, books, videos, audiocassettes

Ordering Address: Center for the Improvement of Child Caring
11331 Ventura Blvd., Suite 103
Studio City, CA 91604-3147

Phone number: 818-980-0903

FAX number: 818-753-1054

Any other comments:

MegaSkills Workshops

Author/creator: Dr. Dorothy Rich

Producing organization: MegaSkills Education Center and the Home and School Institute, Inc.

Children's ages targeted: school age

Target parent group: at-risk, Chapter I parents

Number of sessions: 10

Languages available, other than English: Spanish

What background does the facilitator need? training required through Home & School Institute

Does it include a program for children? no

Stated objectives: To enhance the achievement of students through involving families in their education.

Examples of topics covered: teaching children confidence, motivation, effort, responsibility, initiative, perseverance, caring, teamwork, common sense, and problem solving.

Cost: \$385, includes training

Materials included: leader's guide, training, handouts, book, activities

Ordering Home and School Institute, Inc.

Address: 1500 Massachusetts Avenue, NW
Washington, D.C., 20005

Phone number: 202-466-3633

FAX number

Any other comments:

Nurturing Program for Foster and Adoptive Families

Author/creator: Stephen J. Bavolek, PhD, et. al.

Producing organization: Family Development Resources, Inc.

Children's ages targeted: all

Target parent group: foster and adoptive parents

Number of sessions: 12

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? yes, partly concurrent and partly joined sessions

Stated objectives: To increase nurturing parenting skills of foster and adoptive parents; to screen potentially inappropriate foster care placements and adoptive homes.

Examples of topics covered: nurturing skills, awareness of why they want to become foster/adoptive parents, integrating foster/adoptive children into family, dealing with attachment, detachment, loss and separation issues

Cost: basic--\$142 plus \$29 per parent; \$1311.00 for entire kit

Materials included: leader's guide, activities manual, parent handbook, adolescent handbook, nurturing book, audio/visual, games, certificates, assessment tools

Ordering Address: Family Development Resources, Inc.
3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Nurturing Program for Parents and Adolescents

Author/creator: Stephen J. Bavolek, PhD

Producing organization: Family Development Resources, Inc.

Children's ages targeted: 12-19 years

Target parent group: at-risk or substantiated abuse and neglect

Number of sessions: 12

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? yes, partly concurrent and partly joined sessions

Stated objectives: To enhance family nurturing and communication.

Examples of topics covered: nurturing skills, self-awareness, empathy, communication skills

Cost: basic--\$62 plus \$26 per parent/teen; \$866.88 for entire package

Materials included: leader's guide, activities manual, parent handbook, teen handbook, audio/visual, certificates, assessment tools

Ordering Address: Family Development Resources, Inc.
3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Nurturing Program for Parents and Children 4-12 Years

Author/creator: Stephen J. Bavolek, PhD and Christine M. Comstock

Producing organization: Family Development Resources, Inc.

Children's ages targeted: 4-12

Target parent group: at-risk or substantiated abuse and neglect

Number of sessions: 15

Languages available, other than English: Spanish

What background does the facilitator need? none

Does it include a program for children? yes, partly concurrent and partly joined sessions

Stated objectives: To prevent and treat child abuse and neglect by promoting and building nurturing skills in families.

Examples of topics covered: nurturing parenting skills, alternatives to spanking

Cost: basic--\$87 plus \$13 per parent; \$887.77 for entire package

Materials included: leader's guide, activities manual, parent handbook, games, drawings, charts, audio/visual, certificates, assessment tools

Ordering Address: Family Development Resources, Inc.
3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Nurturing Program for Parents and Children Birth to Five Years

Author/creator: Stephen J. Bavolek, PhD and Juliana
Dellinger-Bavolek, MSE

Producing organization: Family Development Resources, Inc.

Children's ages targeted: 0-5

Target parent group: at-risk or substantiated abuse and neglect

Number of sessions: 23

Languages available, other than English: Spanish

What background does the facilitator need? none

Does it include a program for children? yes, partly concurrent and
partly joined sessions

Stated objectives: To prevent and treat child abuse and neglect by
promoting and building nurturing skills in
families.

Examples of topics covered: nurturing parenting skills, infant/child
massage

Cost: basic--\$37 plus \$26 per parent; \$1381.30 for complete kit

Materials included: leader's guide, parent handbook, audio/visual,
games, activities, coloring books, dolls,
pictures, assessment tools, certificates

Ordering Family Development Resources, Inc.
Address: 3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Nurturing Program for Parents with Special Learning Needs & Their Children

Author/creator: Stephen J. Bavolek, PhD, et. al.

Producing organization: Family Development Resources, Inc.

Children's ages targeted: all

Target parent group: mild-moderate learning disabilities, emotional problems, ESL or non-reading

Number of sessions: 30

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? yes, partly concurrent and partly joined sessions

Stated objectives: To help parents with mild to moderate developmental disabilities learn to nurture themselves and their children.

Examples of topics covered: nurturing parenting skills, self-nurturing skills

Cost: basic--\$87 plus \$13 per parent; \$895.85 for entire package

Materials included: leader's guide, nurturing book, games, assessment tools, certificates, videos

Ordering Address: Family Development Resources, Inc.
3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Nurturing Program for Prenatal Families

Author/creator: Juliana Dellinger-Bavolek, MSE and Barbara Naki, RN, MA

Producing organization: Family Development Resources, Inc.

Children's ages targeted: before birth

Target parent group: pregnant and at-risk for child abuse and neglect

Number of sessions: 10

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To prevent child maltreatment and promote nurturing parenting skills.

Examples of topics covered: preparation for parenthood, enhancing parent-infant bond, nurturing touch, alternatives to spanking, infant development, prenatal health

Cost: basic--\$25 plus \$10 per parent; \$349.60 for entire package

Materials included: leader's activity manual, parent handbook, evaluation materials, video

Ordering Address: Family Development Resources, Inc.
3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Nurturing Program for Teenage Parents and Their Families

Author/creator: Stephen J. Bavolek, PhD and Juliana
Dellinger-Bavolek, MSE

Producing organization: Family Development Resources, Inc.

Children's ages targeted: 0-5

Target parent group: teen parents and their parents (child's
grandparents)

Number of sessions: 20

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? yes, partly concurrent and
partly joined sessions

Stated objectives: To teach teen parents nurturing parenting
routines to help their children build
self-esteem; to help teen parents build their own
positive self-esteem and self-concept.

Examples of topics covered: nurturing parenting skills, infant
massage, alternatives to spanking

Cost: basic--\$37 plus \$26 per parent; \$1280.12 for entire package

Materials included: leader's guide, parent handbook, nurturing book,
audio/visual, certificate, assessment materials

Ordering Family Development Resources, Inc.
Address: 3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Parent Effectiveness Training (PET)

Author/creator: Dr. Thomas Gordon

Producing organization: Effectiveness Training, Inc.

Children's ages targeted: all

Target parent group: all

Number of sessions:

Languages available, other than English: Spanish (see note below)

What background does the facilitator need? special training required through PET

Does it include a program for children? no

Stated objectives: To teach parents how to raise their children in a democratic environment using the communication skills of Active Listening, I-messages, and the No-Lose Conflict Resolution Method to solve family conflicts.

Examples of topics covered: communication skills, listening skills, problem-solving, rule-setting, win-win conflict resolution

Cost: \$770, includes training

Materials included:

Ordering Effectiveness Training, Inc.

Address: 531 Stevens Avenue
Solana Beach, CA 92075-2093

Phone number: 800-628-1197

FAX number: 619-481-8125

Any other comments: Has also been translated into 15 different languages in several other countries.

Parent Making: A Practical Handbook for Teaching Parent Classes

Author/creator: B. Annys Rothenberg, PhD, et. al.

Producing organization: Children's Health Council and Child Rearing Education and Counselling Prog.

Children's ages targeted: 0-3

Target parent group: all

Number of sessions: varies

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents learn about and deal with the early years of their child's life, understand child behavior and development, and to help the development of the parent as well as the child.

Examples of topics covered: child development, nutrition, play, adjusting to parenting, limit setting, toilet training, health, safety

Cost: \$25.95 book only, with video \$149.95

Materials included: leader's guide, video, homework sheets, handouts, resource list

Ordering The Banster Press
Address: P.O. Box 7326
Menlo Park, CA 94026

Phone number: 415-369-8032

FAX number

Any other comments: This book is also available through bookstores.

Parent to Parent

Author/creator: Bill Oliver

Producing organization: PRIDE Parent Training

Children's ages targeted: all

Target parent group: comes in three versions:Anglo-American,
African-American, Hispanic-American

Number of sessions: 8

Languages available, other than English: Spanish

What background does the facilitator need? special training required
through PRIDE

Does it include a program for children? no

Stated objectives: To activate and empower parents to anticipate and
counter the destructive influences of the "Drug
Culture" in the lives of their own children.

Examples of topics covered: dealing with issues such as sexuality,
drugs, and personal values

Cost: \$6,550, includes training

Materials included: leader's guide, video, brochures,
audiocassettes, parent workbook

Ordering PRIDE Parent Training
Address: 1240 Johnson Ferry Place, Suite F10
Marietta, GA 30068

Phone number: 800-487-7743

FAX number: 404-565-4749

Any other comments:

Parent-Caregiver Partnerships

Author/creator: Christiann Dean

Producing organization: Cornell Cooperative Extension

Children's ages targeted: preschool

Target parent group: all

Number of sessions: 5

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To improve relationships between parents and child-care givers.

Examples of topics covered: communication skills, conflict resolution

Cost: \$25.50

Materials included: leader's manual, handouts, booklets

Ordering Address: Resource Center, Cornell University
7 Business and Technology Park
Ithaca, NY 14850-1247

Phone number: 607-255-2080

FAX number: 607-255-9946

Any other comments: Designed for use with both parents and child caregivers.

Parenting Curriculum for Language Minority Parents

Author/creator: Grace Holt

Producing organization: Cross Cultural Resource Center

Children's ages targeted: all

Target parent group: parents with limited English

Number of sessions: varies

Languages available, other than English: Chinese, Hmong, Khmer,
Korean, Lao, Spanish,
Vietnamese

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To teach English as a second language along with parenting skills.

Examples of topics covered: parenting skills, math, nutrition, health, safety, citizenship, helping with homework, English as a Second Language

Cost: \$25 plus \$18 per language guide

Materials included: teacher's guide, parent guide, activities, games, songs, visual aids

Ordering Address: Cross Cultural Resource Center
California State University, 6000 J Street, TJJ, Room 12
Sacramento, CA 95819

Phone number: 916-278-3708

FAX number: 916-278-4980

Any other comments:

Parenting Skills

Author/creator: Richard R. Abidin, Ed.D.

Producing organization:

Children's ages targeted: all

Target parent group: all

Number of sessions: 19

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To provide an opportunity for parents to learn and practice basic child-rearing skills.

Examples of topics covered: relationships, images, discipline, sharing, coping with emotions

Cost: \$29.95 plus \$25.95 per parent

Materials included: leader's guide, parent workbook

Ordering KIDSRIGHTS

Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments:

Parenting Under Stress

Author/creator: David Mathews, MA LGSW, Linda Matter, MA, and Mary Montgomery, ACSW LICSW

Producing organization: KIDSRIGHTS

Children's ages targeted: all

Target parent group: parents experiencing life stresses such as divorce or chemical dependency

Number of sessions: 12

Languages available, other than English: none

What background does the facilitator need? none, though training in counseling assumed

Does it include a program for children? no

Stated objectives: To provide support and education to mothers and fathers who are experiencing special life stresses that affect their parenting.

Examples of topics covered: dealing with stresses such as separation or divorce, chemical dependency, family violence, single parenting, blended families, financial stress, and information on child abuse and neglect

Cost: \$39.95

Materials included: leader's guide

Ordering KIDSRIGHTS
Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments:

Parents with Careers

Author/creator: Michele Margolin Basen and Rebecca Sager Ashery

Producing organization: Active Parenting Publishers

Children's ages targeted: young children

Target parent group: parents with careers

Number of sessions: 6

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents balance their roles at home and at work.

Examples of topics covered: evaluating child care options, managing household responsibilities, prioritizing career goals, managing family budgets

Cost: basic--\$16.95 plus \$12.95 per parent; \$129.95 for entire kit

Materials included: leader's guide, parent guide, video, parent action plan, promotional materials

Ordering Active Parenting Publishers
Address: 810 Franklin Court, Suite B
Marietta, GA 30067

Phone number: 800-825-0060

FAX number: 404-429-0334

Any other comments:

Positive Discipline

Author/creator: Jane Nelsen

Producing organization: Capable People Associates

Children's ages targeted: all

Target parent group: all

Number of sessions: 1

Languages available, other than English: none

What background does the facilitator need? none, but training
available, call
800-879-0812

Does it include a program for children? no

Stated objectives: To teach parents to help their children learn
self-discipline, confidence, responsibility,
problem solving, cooperation, and interest in
others.

Examples of topics covered: alternatives to punishment,
problem-solving

Cost: \$49.95

Materials included: video, study guide

Ordering Sunrise Books, Tapes, and Videos
Address: P.O. Box B
Provo, UT 84603

Phone number: 800-456-7770

FAX number: 801-377-2811

Any other comments:

Practical Parent Education

Author/creator: Texas Association of School Boards

Producing organization: Texas Association of School Boards

Children's ages targeted: 0-18

Target parent group: all

Number of sessions: 30

Languages available, other than English: Spanish

What background does the facilitator need? special training required through PPE

Does it include a program for children? no

Stated objectives: To help parents rear responsible, self-confident, mentally healthy children who can function to the best of their abilities; to provide parents with a supportive network.

Examples of topics covered: discipline, self-esteem, communication, developing trust

Cost: \$2000-first year; \$600 per year after initial year

Materials included: leader's guide, activities, handouts

Ordering Address: Texas Association of School Boards
P.O. Box 400
Austin, TX 78767-0400

Phone number: 800-580-8272

FAX number

Any other comments: Designed for school systems, not individual parent educators. Must buy a year's subscription which includes training and materials.

Reaching All Parents (RAP III)

Author/creator: Dr. Brenda Hurbanis and Patricia Barton

Producing organization: People Against Child Abuse

Children's ages targeted: 6-11

Target parent group: adaptable, parents choose topics

Number of sessions: 7

Languages available, other than English

What background does the facilitator need? special training required through PACA

Does it include a program for children? designed for use with RAP I program for children

Stated objectives: To prevent child abuse and neglect, and to prevent substance abuse.

Examples of topics covered: Leaders do a needs assessment at the beginning and parents suggest and agree on topics for discussion; therefore topics vary widely.

Cost: Varies, includes training

Materials included: leader's manual, extensive list of resources, activities, evaluation materials

Ordering People Against Child Abuse
Address: 125 Cathedral Street
Annapolis, MD 21401

Phone number: 410-269-7816

FAX number

Any other comments:

Recovering Parents

Author/creator: Barbara Langham, Editor

Producing organization: Corporate Child Development Fund for Texas

Children's ages targeted: 0-10

Target parent group: chemically dependent parents, their spouses,
adult children of alcoholics

Number of sessions: 8

Languages available, other than English: Spanish

What background does the facilitator need? special training through
Corporate Child Fund

Does it include a program for children? no

Stated objectives: To help parents learn nurturing skills to break
the cycle of dysfunction and build a healthy
family.

Examples of topics covered: understanding child misbehavior,
parenting skills, child development

Cost: \$450, includes training

Materials included: lectures, exercises, handouts, evaluation
materials, references

Ordering Address: Corporate Child Development Fund for Texas
1611 West Sixth Street
Austin, TX 78703-5059

Phone number: 512-472-9971

FAX number

Any other comments: Used in conjunction with STEP curriculum.

Reducing Stress in Mothers of Children with Special Needs

Author/creator:

Producing organization:

Children's ages targeted: all

Target parent group: mothers with special needs children

Number of sessions: 9

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To enhance current coping skills and teach new survival skills and stress reduction techniques.

Examples of topics covered: problem-solving, decision-making, stress reduction, coping skills

Cost: \$59.95

Materials included: leader's binder, homework, handouts

Ordering KIDSRIGHTS
Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments:

Responsive Discipline: Effective Tools for Parents

Author/creator: Charles A. Smith, PhD

Producing organization: Kansas Cooperative Extension Service

Children's ages targeted: all

Target parent group: all

Number of sessions: 6

Languages available, other than English

What background does the facilitator need? none, but training
available through KSU

Does it include a program for children? no

Stated objectives: To provide parents with the tools for guiding and
nurturing children from early childhood through
adolescence.

Examples of topics covered: positive discipline techniques

Cost: \$7.75, not including video

Materials included: leader's guide, Discipline Toolbox cards, fact
sheets, video

Ordering KSU Extension Distribution Center
Address: 16 Umberger Hall
Manhattan, KS 66506

Phone number: 913-532-5773

FAX number: 913-532-6969

Any other comments:

Responsive Parenting

Author/creator: Saf Lerman

Producing organization: Responsive Management, Inc.

Children's ages targeted: 1-10

Target parent group: all

Number of sessions: 9

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents develop effective and positive ways to communicate with and discipline their children.

Examples of topics covered: child development, helping children express feelings and deal with fears, building cooperation and independence in children, helping siblings get along

Cost: \$120 plus \$24.50 per parent

Materials included: leader's manual, booklets, audiocassettes

Ordering American Guidance Service, Inc.
Address: 4201 Woodland Road, P.O. Box 99
Circle Pines, MN 55014-1796

Phone number: 800-328-2560

FAX number: 612-786-9077

Any other comments:

Shaking, Hitting, Spanking: What to do Instead

Author/creator: Stephen J. Bavolek, PhD

Producing organization: Family Development Resources, Inc. and KUTV, Inc.

Children's ages targeted: all

Target parent group: all

Number of sessions: 4

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To teach parents child-rearing strategies that are more effective than shaking, hitting, or spanking.

Examples of topics covered: discipline methods and alternatives to corporal punishment

Cost: \$75

Materials included: video, handbook

Ordering Family Development Resources, Inc.
Address: 3160 Pinebrook Road
Park City, UT 84060

Phone number: 800-688-5822

FAX number: 801-649-9599

Any other comments:

Siblings Without Rivalry

Author/creator: Adele Faber and Elaine Mazlish

Producing organization: Negotiation Institute, Inc.

Children's ages targeted: all

Target parent group: all

Number of sessions: 6

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents help children learn how to live together.

Examples of topics covered: problem solving, helping children deal with feelings, what to do when kids fight

Cost: \$99 plus \$25-34 per parent

Materials included: leader's guide, parent workbook, audiocassettes, exercises, puzzle, pocket cards, books

Ordering Address: Negotiation Institute, Inc.
341 Madison Avenue, 20th Floor
New York City, NY 10017-3705

Phone number: 800-747-8802

FAX number

Any other comments:

Strengthening Stepfamilies

Author/creator: Elizabeth Einstein and Linda Albert

Producing organization: American Guidance Service, Inc.

Children's ages targeted: all

Target parent group: stepparents and their spouses

Number of sessions: 5

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To provide information stepfamilies need to improve relationships in their new families.

Examples of topics covered: strengthening the couple relationship, establishing good relationships with stepchildren, helping children adjust to changed family, developmental stages of stepfamilies

Cost: \$135 plus \$12.95 per parent/couple

Materials included: leader's guide, parent handbook, audiocassettes, wall chart, publicity aids, activities, certificates

Ordering Address: American Guidance Service, Inc.
4201 Woodland Road, P.O. Box 99
Circle Pines, MN 55014-1796

Phone number: 800-328-2560

FAX number: 612-786-9077

Any other comments:

Systematic Training for Effective Parenting (STEP)

Author/creator: Don Dinkmeyer, Sr. and Gary D. McKay

Producing organization: American Guidance Service, Inc.

Children's ages targeted: all

Target parent group: all

Number of sessions: 9

Languages available, other than English: Spanish

What background does the facilitator need? none, but training available through AGS

Does it include a program for children? no

Stated objectives: To help parents improve communications and relationships in their families.

Examples of topics covered: understanding child behavior and misbehavior, communication skills, discipline

Cost: audio-\$145; video-\$285, plus \$12.50 per parent

Materials included: leader's guide, parent handbook, audio/video, booklet on substance abuse prevention, publicity packet, poster

Ordering Address: American Guidance Service, Inc.
4201 Woodland Road, P.O. Box 99
Circle Pines, MN 55014-1796

Phone number: 800-328-2560

FAX number: 612-786-9077

Any other comments:

Systematic Training for Effective Parenting of Teens (STEP/teen)

Author/creator: Don Dinkmeyer, Sr. and Gary D. McKay

Producing organization: American Guidance Service, Inc.

Children's ages targeted: teens

Target parent group: all

Number of sessions: 10

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents increase communication in families and deal with issues unique to raising teens.

Examples of topics covered: communication skills, helping parents discuss issues with their children such as peer pressure, dating, use of alcohol and drugs, and sexuality

Cost: video-\$285; audio-\$145; plus \$12.50 per parent

Materials included: leader's guide, parent's handbook, audio/video, booklet on substance abuse prevention, poster, publicity packet

Ordering Address: American Guidance Service, Inc.
4201 Woodland Road, P.O. Box 99
Circle Pines, MN 55014-1796

Phone number: 800-328-2560

FAX number: 612-786-9077

Any other comments:

The Employed Parent

Author/creator: Jeanie MacDonough, Florence Cherry, with Christiann Dean

Producing organization: Cornell Family Matters Project

Children's ages targeted: all

Target parent group: working parents, teens, and single parents

Number of sessions: 10

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help parents plan for transition to employed parenthood.

Examples of topics covered: time management, evaluating child care options, gaining cooperation of family members, expanding support networks

Cost: \$30 plus \$90 for video

Materials included: leader's guide, handouts, video, activity cards, poster

Ordering Address: Cornell Distribution Center-FM
7 Business and Technology Park
Ithaca, NY 14850

Phone number: 607-255-2080

FAX number: 607-255-9946

Any other comments:

Working With Single Parent Families

Author/creator:

Producing organization:

Children's ages targeted: all

Target parent group: single parents

Number of sessions: 10

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To help single parents balance the pressures and responsibilities of work and their families.

Examples of topics covered: exploring support networks, adolescence, child and household management

Cost: \$29.95

Materials included: facilitator binder, case studies, activities

Ordering KIDSRIGHTS

Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments:

Workwise: A Life Skills/Career Awareness Course for Teen Mothers & Others

Author/creator: Barbara Garner

Producing organization: KIDSRIGHTS

Children's ages targeted: all

Target parent group: teen mothers

Number of sessions: 39

Languages available, other than English: none

What background does the facilitator need? none

Does it include a program for children? no

Stated objectives: To teach young adults the basic life skills they need to set goals and get control of their lives.

Examples of topics covered: finding and succeeding at a job, life skills, managing as a working parent

Cost: \$29.95 plus \$24.95 per participant

Materials included: teacher's manual, student manual

Ordering KIDSRIGHTS
Address: 10100 Park Cedar Drive
Charlotte, NC 28210

Phone number: 800-892-KIDS

FAX number: 704-541-0113

Any other comments: Can be taught in classroom during school day.

Young Family

Author/creator: MELD

Producing organization: MELD

Children's ages targeted: 0-2

Target parent group: all parents, but especially designed for low literacy; at-risk parents

Number of sessions: varies

Languages available, other than English: Spanish

What background does the facilitator need? none, but training through MELD recommended

Does it include a program for children? some activities with children are incorporated

Stated objectives: To strengthen families and teach about the baby.

Examples of topics covered: child development, feeding, health, safety

Cost: \$178

Materials included: leader's guide, baby book, child development poster, activities

Ordering MELD

Address: 123 North Third Street, Suite 507
Minneapolis, MN 55401

Phone number: 612-332-7563

FAX number

Any other comments: The MELD program has other versions which focus on parents of children with special needs, parents of children who are deaf and hard of hearing, young fathers, young mothers, and Hmong parents.



